



# You are a Priority Day and Night

*We understand that accidents happen, kids get sick and health concerns can arise at all times of day or night. That's why at CIGNA HealthCare, you have options for who to call and where to go to meet your health care needs — 24 hours a day, 7 days a week.*

## Information at Your Fingertips

When you aren't sure where to go to seek non-emergent care, you can:

- > Contact your Primary Care Physician (PCP), or his or her designated 'on-call' doctor, for instructions.
- > Call our convenient **CIGNA HealthCare 24-Hour Health Information Line<sup>SM</sup>** at **1.800.564.8982** to speak with a nurse who can respond to your health care questions, direct you to the nearest participating medical facilities, or provide suggestions for helpful home care that may offer comfort until you see your doctor.



**CIGNA HealthCare  
of Arizona**  
*A Business of Caring.*

## Choices for Care

It's sometimes difficult to know where to seek care when you or a family member becomes suddenly ill or has an accident. If you believe that if the situation is not treated right away it could result in loss of life or serious complications, it is likely an **emergency**.

Examples of emergency situations are uncontrolled bleeding, loss of consciousness, chest pain, shortness of breath and broken bones. In an emergency, call 911 or go to the nearest emergency room. You or a family member should contact your PCP as soon as reasonably possible for further assistance and directions on follow-up care.

Some situations require prompt medical attention, but are not emergencies. Examples of **urgent**

situations include minor injuries such as sprains and strains, ear infections, high fevers, minor cuts and burns. For these, the ideal place to go for care is an **urgent care facility** – typically open earlier and later than your doctor's office. Best of all, you're likely to spend less time waiting to be seen.

CIGNA Medical Group (CMG) has three CMG Urgent Care Centers located at the Clyde Wright, Paseo and Stapley Health Care Centers. All have regular and extended office hours, including weekends and holidays.

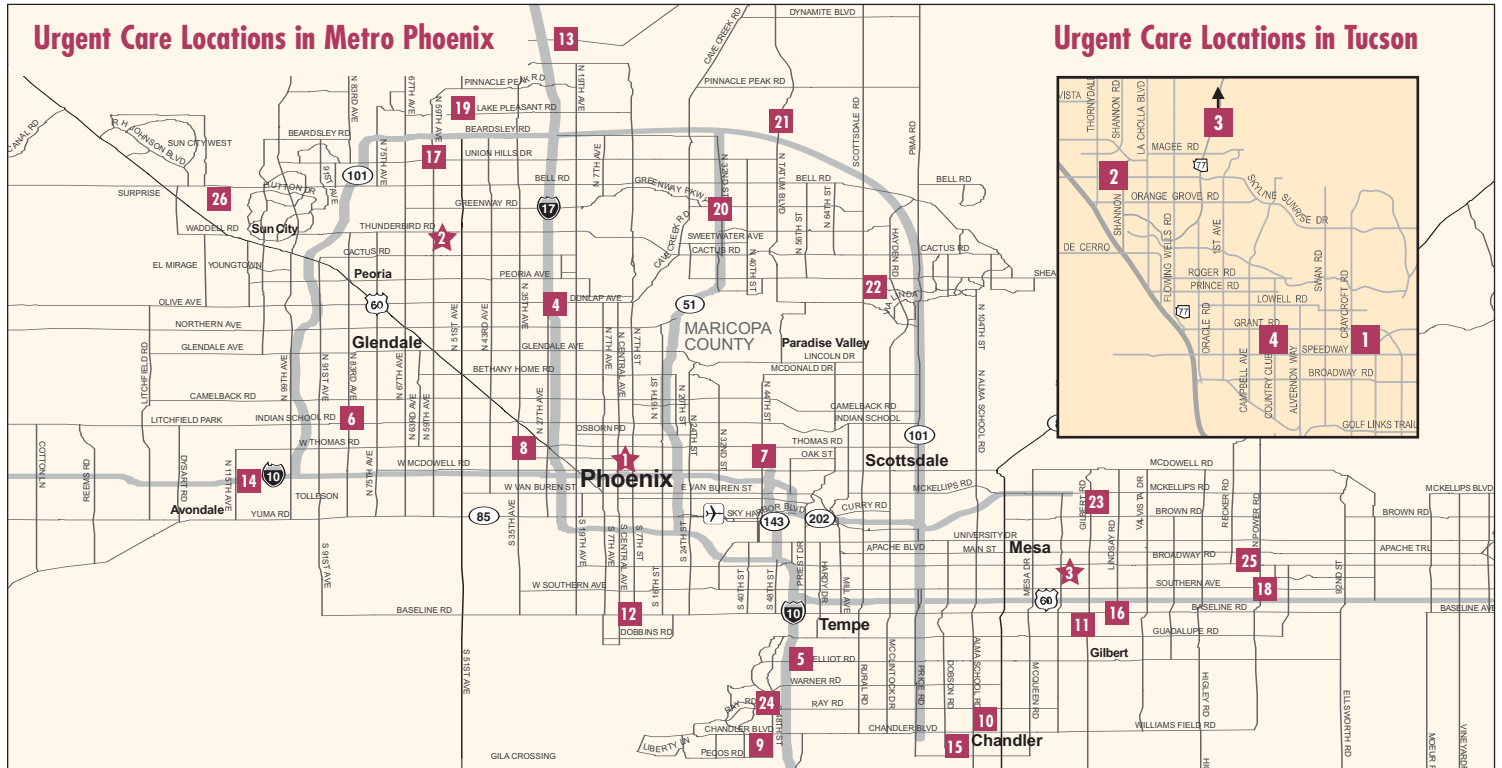
See the reverse side for CMG Urgent Care Center locations and all contracted urgent care facilities throughout Arizona.

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# Where to go?



## Urgent care services are available at the following facilities:

### CMG Urgent Care:

#### 1. Clyde Wright

755 E. McDowell Rd.  
Phoenix, AZ 85006  
602.271.5111

#### 2. Paseo

5891 W. Eugie Ave.  
Glendale, AZ 85304  
602.588.6600

#### 3. Stapley

1111 S. Stapley Dr.  
Mesa, AZ 85204  
480.464.8500

### Other Phoenix Locations:

**4. Advanced Urgent Care Clinic Care**  
2423 W. Dunlap Rd.  
Phoenix, AZ 85021  
602.216.6862

**5. Advanced Urgent Care Desert Sun Medical**  
1804 W. Elliot Rd.  
Tempe, AZ 85284  
480.456.0444

**6. Advanced Urgent Care Med 97**  
8260 W. Indian School  
Phoenix, AZ 85033  
623.846.7122

**7. Advanced Urgent Care Oak Medical**  
2301 N. 44th St.  
Phoenix, AZ 85008  
602.808.8786

**8. Advanced Urgent Care**  
3302 W. Thomas Rd. #10  
Phoenix, AZ 85017  
602.233.2900

**9. Ahwatukee Foothills Health Center**  
4545 E. Chandler Blvd.  
Phoenix, AZ 85048  
480.961.2300

**10. Chandler Valley Urgent Care Clinic, Inc.**  
936 W. Chandler Blvd. #1  
Chandler, AZ 85225  
480.792.1025

**11. Gilbert Health Center**  
1501 N. Gilbert Rd.  
Gilbert, AZ 85234  
480.503.5400

**12. Jesse Owens Urgent Care**  
325 E. Baseline Rd.  
Phoenix, AZ 85040  
602.824.4350

**14. NextCare Urgent Care**  
13075 W. McDowell Rd. #D106  
Avondale, AZ 85323  
623.547.0522

**15. NextCare Urgent Care/Chandler Urgent Care**  
600 S. Dobson Rd.  
Chandler, AZ 85224  
480.814.1560

**16. NextCare Urgent Care**  
2451 E. Baseline Rd.  
Gilbert, AZ 85234  
480.926.8700

**17. NextCare Urgent Care**  
18589 N. 59th Ave., #101  
Glendale, AZ 85308  
602.547.2600

**18. NextCare Urgent Care**  
1066 N. Power Rd. #101  
Mesa, AZ 85205  
480.807.0130

**19. NextCare Urgent Care**  
20470 N. Lake Pleasant Rd. #102  
Peoria, AZ 85382  
623.825.4600

**20. NextCare Urgent Care/Greenway Urgent Care, L.L.C.**  
3229 E. Greenway Rd. #102  
Phoenix, AZ 85032  
602.788.3285

**21. NextCare Urgent Care**  
20950 N. Tatum Blvd. #190  
Phoenix, AZ 85050  
480.776.0021

**22. NextCare Urgent Care/Shea Urgent Care**  
7425 E. Shea Blvd. #108  
Scottsdale, AZ 85260  
480.348.1060

**23. StatClinix**  
1151 N. Gilbert Rd.  
Mesa, AZ 85213  
480.610.0688

**24. StatClinix**  
4530 E. Ray Rd. #100  
Phoenix, AZ 85044  
480.598.7500

**25. Urgent Care Specialists**  
6553 E. Baywood Ave. #103  
Mesa, AZ 85206  
480.985.6200

**26. West Valley Urgent Care**  
12133 W. Bell Rd. #101  
Surprise, AZ 85374  
623.815.9073

### Tucson Locations:

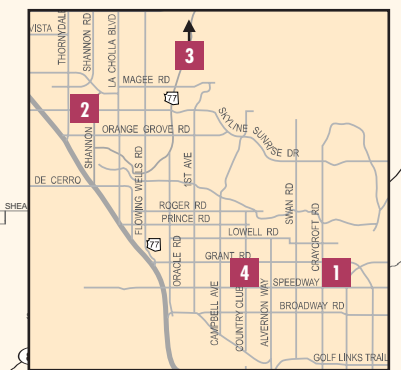
**1. NextCare Urgent Care**  
6238 E. Pima St.  
Tucson, AZ 85712  
520.290.0022

**2. Northwest Medical Center Urgent Care**  
2945 W. Ina Rd.  
Tucson, AZ 85741  
520.219.6616

**3. Northwest Medical Center Rancho Vistoso Urgent Care**  
13101 N. Oracle Rd.  
Tucson, AZ 85737  
520.818.2000

**4. Urgent Care Associates, P.C.**  
3102 E. Bellevue St.  
Tucson, AZ 85716  
520.795.8659

## Urgent Care Locations in Tucson



## Additional contracted facilities in Arizona:

### Cochise County

AZ Family Care Associates  
Urgent Care Clinic, L.L.C.  
302 El Camino Real #5  
Sierra Vista, AZ 85635  
520.459.8990

### Coconino County

Concentra Medical Center  
120 W. Fine Ave.  
Flagstaff, AZ 86001  
928.773.9695

Flagstaff Walk-In Clinic, LLC.  
4215 N. Hwy. 89  
Flagstaff, AZ 86004  
928.527.1920

Grand Canyon Walk-In Clinic  
1 Clinic Rd.  
Grand Canyon, AZ 86023  
928.638.2551

Sedona Urgent Care  
2530 W. Hwy. 89A #A  
Sedona, AZ 86336  
928.203.4813

### Mohave County

Fastrax Urgent Care Center  
2002 Stockton Hill Rd., #103  
Kingman, AZ 86401  
928.753.3303

PromptCare Urgent Care  
3641 Hwy. 95  
Bullhead City, AZ 86442  
928.704.4334

### Pinal County

NextCare Urgent Care  
2080 W. Southern Ave. #11  
Apache Junction, AZ 85220  
480.985.0172

NextCare Urgent Care  
1729 N. Trekell Rd. #110  
Casa Grande, AZ 85222  
520.876.0800

### Yavapai County

Prescott Valley  
Primary Care Urgent Care  
3051 N. Windsong Dr.  
Prescott Valley, AZ 86314  
928.772.2591

### Yuma County

PrimeCare Central Urgent Care  
284 W. 32nd St.  
Yuma, AZ 85364  
928.341.4563

Foothills Walk-In Medical Center  
**PPO Only**

11274 S. Fortuna Rd. #1-4  
Yuma, AZ 85367  
928.345.2150